

Mary Ablett, MSW, LCSW

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SUMMARY OF QUALIFICATIONS: Twenty years of professional social work experience in a variety of health care and mental health settings, including five years of supervisory experience. Expertise in psychosocial assessment, care planning, crisis intervention, individual, couples, and group counseling and professional advocacy. Extremely confident in oral and written communication, education curriculum development and training, critical thinking, interdisciplinary team dynamics, conflict resolution, interpersonal relationships, and a motivated self-starter.

PROFESSIONAL EXPERIENCE

Licensed Clinical Social Worker, *Private Practice* (Atlanta, Georgia, April 2015 – current and January 2000-2003); Jacksonville, FL, January 2011 – March, 2015; Fort Worth, TX, July 2004 - December 2010.

Provide therapeutic counseling to individuals, couples, children, adolescents, and families, utilizing cognitive behavioral therapy, applied behavioral analysis, psycho-educational, and solution focused treatment for anxiety, depression, parent training and childhood behavioral problems, childhood and adult trauma and abuse, grief and loss, chronic illness, and substance abuse and dependency.

For a complete biography please refer to: <http://www.maryablett.com>

Co-Founder, *Psychotherapy, Training, and Education Center (PSYTEC), Inc.*

December 2000 – current

- Own and operate a professional training and consultation company. Major clients include Harris Methodist Springwood Hospital, University of Texas-Arlington, Georgia State University, and the National Association of Social Workers.
- Developed and administered professional training programs of the following curriculum: Burnout: The Costs of Caring, Psychiatric Emergencies, Bad Habits vs. Addiction, Managing Violent/Aggressive Client Behaviors, Ethics for Addiction Professionals, and Assessing and Responding to Crisis.
- Supervised BSW and MSW interns from University of Texas, Arlington.

Licensed Clinical Social Worker, Full-Time, PRN. *Harris Methodist Springwood Psychiatric Hospital,*

Bedford, Texas, September 2003 – November, 2006

- Provided counseling services to individuals, families, and groups within an inpatient, intensive outpatient psychiatric unit, and addiction programs.
- Completed psychiatric and substance abuse intake assessments.
- Coordinated discharge planning services, completed risk assessments and made referrals to outpatient services.
- Collaborated with team of clinical social workers, psychiatrists, psychologists and case managers to develop individual treatment plans.
- Created and facilitated the family education program for addiction treatment and recovery.
- Developed curriculum for staff training in Team Building and Workplace Violence Prevention and Intervention.

Licensed Clinical Social Worker, Part Time, *Children's Health Care of Atlanta at Scottish Rite*

Atlanta, GA, January 2001 – June, 2003

- Assessed and reported suspected abuse or neglect of children.
- Provided counseling and support services to children and family coping with chronic and terminal illnesses.
- Completed Psychiatric and Substance Abuse Assessments.
- Facilitated discharge planning services within inpatient and outpatient settings.

Licensed Clinical Social Worker, Full-Time, *Kennestone Hospital, Medical Surgery, Oncology, Neonatal and Pediatric Units.*

Marietta, GA, May 1998 – December, 2000

- Participated in the interdisciplinary care meetings to coordinate patient treatment planning and discharge needs.
- Coordinated Advance Directives education and facilitated patient and family communication sessions.
- Provided support for families coping with serious illness and/or end of life decisions.
- Supervised BSW and MSW interns from Georgia State University and Kennesaw State University.
- Served on Child Fatality Review Board

Medical Social Worker, Full Time, PRN, *Grady Memorial Hospital, Emergency Care Center,*

Atlanta, GA, January 1997 – November, 2002

- Assessed and reported suspected neglect and abuse of children and adults.
- Provided crisis intervention and grief counseling to patients and their families.
- Coordinated discharge planning services, making outpatient referrals to various community service organizations.
- Served on Disaster and Trauma Response Team.
- Supervised BSW and MSW student interns from University of Georgia and Georgia State University.

Acting Executive Director, Full-Time, *National Association of Social Workers, Georgia Chapter*

Atlanta, GA, March 1996 - July, 1996

- Developed and implemented a financial recovery plan which resulted in a budget surplus in one year.
- Maintained effective relations with the National Office and kept the Board, Chapter officers, volunteers, and Chapter members informed of materials and policies from the National Office.

EDUCATION

Master of Social Work (MSW) – December 1997 - Washington University St. Louis, Missouri

Bachelor of Social Work (BSW) – March 1996 - Georgia State University, Atlanta, Georgia

PROFESSIONAL ASSOCIATIONS

National Association of Social Workers (1995 - current)

Georgia Society of Clinical Social Workers (2015 – current)

National Association of Cognitive Behavioral Therapists (2003 - current)

Licensed Clinical Social Worker, Georgia (2000 - current)

Licensed Clinical Social Worker, Texas (2003 – current)

Licensed Clinical Social Worker, Florida (2011 – current)

HONORS AND AWARDS

Social Worker of the Year, 1996, National Association of Social Workers, Georgia Chapter.